



Destination : **Grand Canyon**
Client : **Valleywise Health Foundation**
Date : **October 12 - October 14, 2020**

DAY ONE

GRAND CANYON SOUTH RIM

Monday, October 12, 20

Carved out by the Colorado River, the Grand Canyon (nearly 1,500 m deep) is the most spectacular gorge in the world. Located in the state of Arizona, it cuts across the Grand Canyon National Park. Its horizontal strata retrace the geological history of the past 2 billion years.

Activity

The team will depart Phoenix in their personal vehicles and drive to the South Rim. After check in, we will have a team meeting at 5pm. The rest of the evening is at your leisure to have dinner and rest before starting our early morning hike.

Accommodations

Yavapai Lodge; 11 Yavapai Lodge Rd, Grand Canyon Village, AZ 86023

Meals

None

DAY TWO

GRAND CANYON SOUTH RIM

Tuesday, October 13, 20

Activity

We will drive to the trailhead parking lot for a 5am start on the trail. Please arrive at the trailhead no later than 4:30am. We will have a team photo then begin the hike promptly at 5am. We will go down the Bright Angel trail to the river and back up the Bright Angel trail to the South Rim.

Accommodations

Yavapai Lodge

Meals

None

DAY THREE

GRAND CANYON SOUTH RIM

Wednesday, October 14, 20

Activity

If the lodge café is open, we will meet for a team breakfast at 9am before departing the South Rim for the return trip to Phoenix.

Accommodations

None

Meals

Breakfast (if facilities are open)

TRIP COST

\$850 per person, double occupancy

TRIP COST PER PERSON INCLUDES:

- All hotel accommodations, double occupancy
- All meals as listed in the itinerary
- Professional guide with Wilderness First Responder certificate
- Grand Canyon National Park fees

TRIP COST PER PERSON DOES NOT INCLUDE:

- Ground Transportation
 - Alcoholic and non-alcoholic beverages
 - Water, snacks and meals not included in the itinerary
 - Personal gear and expenses
 - Single occupancy accommodations available for an additional fee of \$850 per person
 - Travelers, Medical and Evacuation Insurance:
We recommend Ripcord Rescue Travel Insurance
<http://www.ripcordrescuetravelinsurance.com/k2adventuretravel>
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