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# MAKING A difference FOR THE VALLEY...

2022 took Valleywise Health Foundation to new heights! In addition to Team Courage Rising summiting Mt. Kilimanjaro, the Virginia G. Piper Charitable Trust Pavilion was named, 3,000 Valley children received backpacks and school supplies and fundraising records were broken at our largest A Night in the Valley yet!

Your gifts directly impacted countless patients, programs and healthcare warriors at Arizona's public teaching health system. Community is at the heart of all we do and your support of the Valleywise Health mission helps improve the health of the Valley year after year.

# In 2022, YOU helped our Foundation provide:

- \$2.56 million for education and training programs for healthcare providers, including new technology and simulation training
- Nearly \$1 million for the new Diane & Bruce Halle Arizona Burn Center opening in early 2024
- \$760,000 for addressing the increasing need of refugee family care and programs
- Nearly \$400,000 for Family Resource Center programs offering more than 1,500 classes such as Raising a Reader, STEM for Littles and ABC/123 Kinder Ready to 12,000 families across the Valley
- More than \$330,000 for behavioral health programs including
   First Episode Center needs and integrated behavioral health training to address pediatric and adolescent patients
- \$140,000 toward Employee Helping Hands directly supporting 312 cases of Valleywise Health employees needing emergency assistance
- Funding for many more critical programs supporting the Valleywise Health mission to provide exceptional care, without exception, every patient, every time.

This is an exciting time in our health system's nearly 150-year history. We're delighted to share that "Care Reimagined," our plan to rebuild and reinvent our hospital and safety net system of care, has continued on course with the new Valleywise Health Medical Center scheduled to open in early 2024.

As we come to a close on the final year of the ALL IN Campaign, we reflect back on all we've accomplished and look forward to what's to come. Thank you for your commitment to building a healthier Arizona.





Lisa Hartsock Interim CEO Valleywise Health Foundation



Patti Gentry Board Chair Valleywise Health Foundation

# JOUN IMPACT

The Valleywise Center for Refugee and Global Health, founded in 2008 under the leadership of Dr. Crista Johnson-Agbakwu and Jeanne Nizigiyimana, cares for over 9,000 patients and their families from 71 countries speaking 68 languages, each year.





This is the first center of its type in Arizona and the second largest in the U.S. Over the past few years, the center has grown from a women's and children's clinic to caring for the whole family, treating more than 16,000 unique patients annually.

In December 2022, nearly 500 refugee families and individuals in Maricopa County received an outpouring of love from the community through the annual Holiday Angel Project.



An extended stay in the hospital was something 11-year-old Leah Mazon never anticipated, but that changed in an instant when a pot of boiling water spilled on her. On Jan. 24, 2022, she sustained second and third-degree burns over 30% of her body including her stomach, groin, leg and foot.

"When we got to the Arizona Burn Center, it was very hard," said Leah's mother, Lina. "We had no idea what to expect, how long we would be away from home, or what our daughter's future might look like. One thing I remember very clearly about that day was the nurses telling us Leah would have a huge support team at Valleywise to get her through the challenging days ahead."

For the Mazon family, Child Life specialists were a key component in Leah's healing journey. They made a big difference in her drive to get better, even when she was in excruciating pain.

"The Child Life specialists were very friendly, but also very honest with us," said Lina. "When Leah expressed she was worried or scared, they didn't diminish her feelings. They talked her through it and, while they may not have always told her what she wanted to hear, they were always truthful, which helped Leah process all the experiences."

Even though Leah is only in sixth grade, her experience with Child Life specialists at the Arizona Burn Center inspired her to consider becoming one when she grows up. "I want to help kids the same way they helped me when I was in the hospital," she said.



# Arizona has a severe physician shortage.

But research shows doctors who go to medical school, or complete their residency in Arizona, are much more likely to establish practices in the Valley of the Sun. That's why the Psychiatry Residency Training partnership between Valleywise Health and Creighton University Phoenix is invaluable.

Developing well-rounded, prepared, compassionate physicians is the goal of our program. One of the reasons our program provides such valuable experience is the exposure to the underserved population at Valleywise Health. Our residents learn by taking care of a very sick population, which is not only a service to the community but also a service to our residents. They are getting a great education by learning to care for that type of acute patient."

# Dr. Devna Rastogi



Lily Zamora and kids

Lily Zamora and her two children, Kai and Mia, started attending classes at a Valleywise Health Family Resource Center four years ago. With every visit, her kids learn to socialize with other children their age through child development classes like Music Together.

"We wouldn't have these resources if it weren't for Valleywise. If you look online for classes like these, they are so expensive. I don't think we could ever afford them for both kids."

The center not only created a space for Kai and Mia to connect with other kids, but the family can now bond and create new memories together.

"When I'm home, I'm so focused on cleaning or cooking. But here, I can set aside time to be in the moment with my kids."

# **EMERGING LEADERS**

In 2022, Emerging Leaders celebrated its second class of bright leaders, including 26 new mentors and mentees to the program.

The class met monthly for professional development

Arizona's next generation of philanthropic leaders.

sessions and presented community engagement projects at the annual Emerging Leaders Exhibition! The winning project - a pickleball fundraiser called Volley for the Valley - was planned in late 2022 and executed in April 2023.

Over the next five years, Valleywise Health Foundation plans to develop 100 young professionals to serve as



# 2022 milestones

In December, Valleywise Health Foundation was awarded a \$3.2 million grant by Virginia G. Piper Charitable Trust. This pivotal grant is in addition to a \$2.5 million unrestricted Piper Trust Now is the Moment Grant in 2021, and \$500,000 from the Trust in COVID-19 response funding in 2020, supporting Valleywise Health, Maricopa County's public teaching health system.



The Virginia G. Piper Charitable Trust Pavilion, opening in summer 2023, will house clinical education and simulation training and provide community gathering spaces at Valleywise Health's Phoenix campus.

While Valleywise Health is widely recognized for its clinical training, much of the applied learning was conducted in off-site or aging facilities," said Virginia G. Piper Charitable Trust Former President and CEO Mary Jane Rynd. "We are proud to support the state-of-the-art Virginia G. Piper Charitable Trust Pavilion, a place where healthcare professionals will learn, grow and connect to improve health and wellness in Maricopa County."

Together, we raised more than \$55,000 to help children in the Valley start the school year healthy and ready to learn in our annual Backpack Drive.

With your help, we distributed over 3,000 backpacks at our eight Valleywise Health Family Resource Centers, which offer early childhood education, nutrition classes and more.





# A record-breaking A Night in the Valley

Despite the rain and a venue change on short notice, YOU showed up in force to support our public teaching health system, Valleywise Health. On October 15, you cheered on Team Courage Rising, raised record funds toward the new Valleywise Health Medical Center opening next year and paid tribute to our deserving healthcare heroes.

# stepping up to THENEED

Thanks to you, our community supporters, corporate partners and organizations, we accomplished a record year of fundraising and philanthropic support for Valleywise Health.

# SIGNIFICANT GIFTS RECEIVED AND PLEDGES MADE IN 2022



\$50,000 Vitalyst Health Foundation

\$3,200,000 Virginia G. Piper Charitable Trust





CARE REIMAGINED

If you drive past Valleywise Health Medical Center in Phoenix, it's hard to miss the construction site where a new hospital is emerging.

The 10-story tower – which will replace the aging hospital longtime residents know as "county" – represents a symbol of rebirth for the nearly 4,000 employees of Valleywise Health, who are celebrating 145 years of service to the Valley of the Sun this year. **The new hospital is scheduled to open early 2024.** 



The original acute care tower at 24th Street and Roosevelt has stood for decades as the most visible part of the healthcare system, but there is much, much more to Valleywise Health.

Today, the public healthcare system is one of the busiest in the nation and reaches far across Maricopa County. It includes the world renowned Arizona Burn Center, Level I Trauma Center, three behavioral health hospitals, Arizona's largest HIV/AIDS primary care clinic and a network of community health centers.



It's also an engine of medical training for the next generation of physicians, nurses and allied health care professionals through the Creighton University Arizona Health Education Alliance. In 1877, Valleywise Health began as a place to care for the sick in the rapidly-growing Phoenix area. Today, we are on the threshold of a 1.1 million square-foot facility designed to meet the ever-changing needs of Maricopa County.





Medical technology and the size of our hospital have dramatically changed over the years, but our commitment to giving every patient the best possible care has deep roots.

"We're providing state-of-the-art, patient-centric care to the most vulnerable in our community, and they deserve that care regardless of their payer status or whether they can afford to pay," Steve Purves, President and CEO of Valleywise Health, said. "And we've done everything we can to make sure we've got state-of-the-art facilities, we're reaching vulnerable patients and we deliver culturally sensitive care."



Over the last century, Valleywise Health has grown dramatically. In 1898, the county hospital was located at Durango and 35th Avenue, where doctors treated a large number of tuberculosis patients. The Durango facility eventually became a sprawling campus that community leaders in the 1960s realized needed a new home.

In 1971, Maricopa County General Hospital opened at 24th Street and Roosevelt. It was renamed Maricopa Medical Center in the 1980s by administrators trying to shed the "county" image. Valleywise Health is no longer part of Maricopa County – voters approved a special health care district in 2003 and created an independent five-member Board of Directors to oversee the system.

Thanks to support of Maricopa County voters, who overwhelmingly approved the rebuilding and renovation of facilities across the Valley, the health care system has seen a transformation.

The new medical center will include 233 private patient rooms, ten operating rooms, two interventional radiology areas, two catheterization labs, a dedicated procedural floor and a rooftop and ground level helipad, as well as additional specialty care areas. Additionally, the entire fourth floor will be dedicated to the state-of-the-art Diane and Bruce Halle Arizona Burn Center.

Every gift makes a difference as we RISE TOGETHER to cross the finish line!

# A Phoenix doctor helped burn victims recover. Then he helped them summit Mount Kilimanjaro.

They emerged from a Phoenix burn center with scars and a conviction to live full lives. But was their path to recovery on the slopes of Kilimanjaro?

LANE SAINTY, ARIZONA REPUBLIC

On the first day of his long ascent to the top of Mount Kilimanjaro, Dr. Kevin Foster was surrounded by a tangle of green. He had swapped his scrubs for hiking gear and exchanged a busy hospital ward for the lush tropical rain forest blanketing the base of Africa's highest peak. He had been walking uphill through the dense, humid foliage for hours.

As he hiked, an unsettling sentiment flickered across his mind. "This is going to be a lot harder than I thought." Foster, who is 61, is no stranger to tough journeys. But he is usually helping others through them.

As director of the Arizona Burn Center, a position he has held since 2002, Foster has cared for people with injuries near

inconceivable to those who haven't lived them. Recovering from a bad burn, he says, is "almost like a siege." And Foster has led thousands of them within the hospital's beige and pale pink corridors. Still, he says: "I can't imagine what it's like." With him on the trail ascending Kilimanjaro that day were eight people who can.

The survivors were different ages, from different walks of life. They had suffered their life-changing injuries in different ways: a plane crash, a structure fire, an infection of rare flesh-eating bacteria, a fire pit, a propane tank, a natural gas leak, a vape explosion.

But they had in common a long, tough recovery at the Arizona Burn Center in downtown Phoenix. There, they had lain in medically-induced comas. Endured unrelenting pain. Learned to walk again. Confronted their adjusted futures. And eventually, bearing scars they would manage for life, they had been discharged. Now they sought to climb Mount Kilimanjaro.

The imposing mountain reaches 19,341 feet into the skies above northern Tanzania, east of the Serengeti plain. It is an aggregate of three volcanoes, two of them extinct and the tallest, Kibo, dormant, with the potential to erupt again. On the rim of Kibo's crater is the summit peak, Uhuru, the Swahili word for freedom.

The survivors would journey there along the Machame Route, a 37-mile walk that winds through the rain forest before emerging onto a plateau, guiding hikers through a rocky landscape dotted with otherworldly, hydra-headed trees, and onward up to the summit. On June 17, when the survivors set off, Kilimanjaro's snow-capped peak was hidden from view.

That first day, they had to walk seven miles. Foster knew that in Phoenix, that distance would take him two and a half hours, max. But eight hours after stepping out on the Machame Route, the doctor and his former patients were still going. Foster wasn't worried they would get hurt. As mountains go, Kilimanjaro is not a dangerous climb for people who come prepared, who hike with a guide and keep a careful watch for altitude sickness. He was worried the survivors might not be able to do it. As he toiled through the jungle, another thought flashed by. "I may have made a really terrible error."

# THE SURVIVORS

Christian and Stephanie Nielson met in 2000 in her hometown of Provo, Utah, where he was attending Brigham Young University. Four months after their second date, they were married."We just fell in love," Stephanie says. "And that was that." By 2008, when the accident happened, they had moved to Mesa and were parents to four children: a first grader, a kindergartner, a three-year-old and an 18-month-old.

On August 16, 2008, the Nielsons were aboard a light Cessna aircraft piloted by Christian when trouble struck after take-off and they plummeted to the ground. Badly burned, the Nielson were rushed to the burn center and remained there until November, when Christian was discharged to a rehab center and Stephanie, burned over 83% of her body, was transferred to a different burn center in Utah.

It was a long — very long — road to recovery. But slowly, the Nielsons returned to life. They were able to take care of their children again, and even added another to their family. They now live in North Carolina, and say their faith in God was an integral part of their healing.

In January 2020, just before the pandemic turned everything upside down, Christian got a call. On the other end of the line was Nate Lowrie, Former CEO of the Valleywise Health Foundation. Together with Dr. Foster, he had been dialing burn survivors to ask a pretty big question. Want to go to Tanzania and hike Mount Kilimanjaro?

# 'ABSOLUTELY YES TO EVERYTHING'

"He gave a really nice pitch," Christian remembers.

The Diane and Bruce Halle Arizona Burn Center will bring all facets of burn care together on one floor of the new Valleywise Health hospital. In the current hospital, built in 1971, the center is geographically scattered. The new unit will boast a pediatric wing and an area dedicated to outpatient therapy, physical and psychological. "I said 'Nate, absolutely yes to everything," Christian says. "Yes to everything you just said, yes to Tanzania, yes to the new hospital, yes to anything we can do for the burn center and Dr. Foster and Valleywise, it's a yes." The Nielsons were all in.

Six other survivors got the same call, and one by one, they said yes.

VISIT AZCENTRAL.COM TO READ THE FULL STORY, OR SCAN HERE >

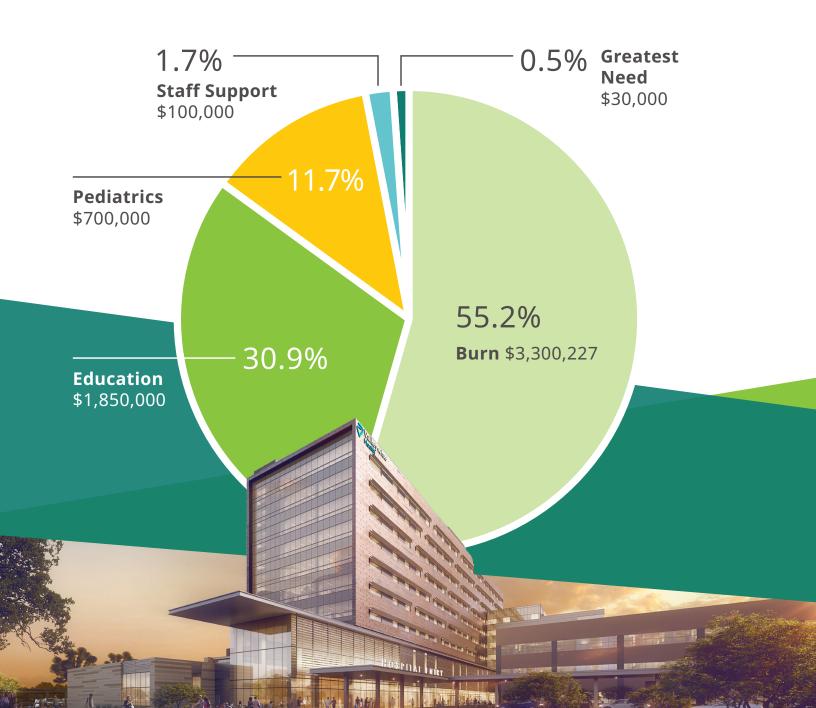




# YOUR SUPPORT

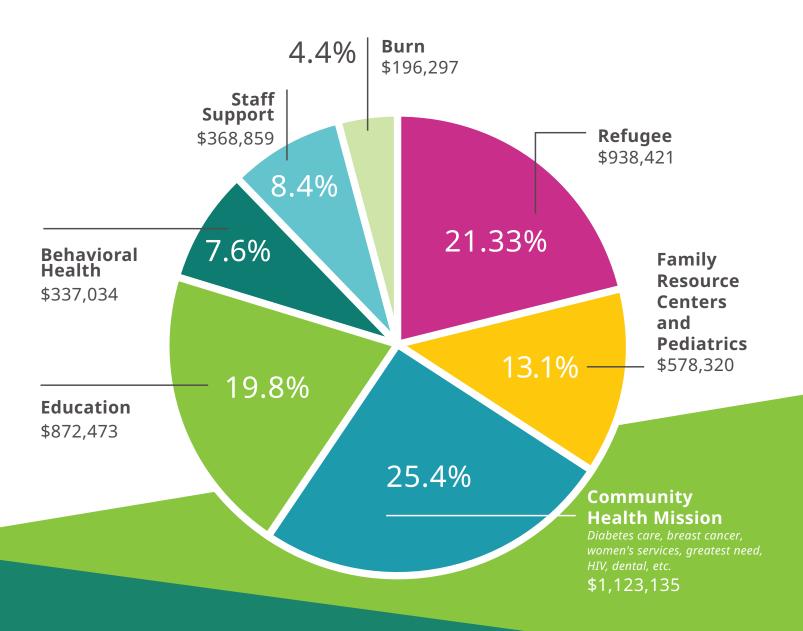
# Care Reimagined Support: \$5,980,227

Approximately 60% of funds raised in 2022 went directly to help outfit the new Valleywise Health Medical Center opening in early 2024. The funds equipped the new Diane & Bruce Halle Arizona Burn Center with state-of-the-art equipment, new technology in our simulation labs for training future healthcare leaders, nursing respite rooms and more!



# **General Program Support:** \$4,414,540

These funds went to support current programming underway at Valleywise Health, including new cultural health navigators for refugee patients, materials for the Family Resource Centers, needs from our outpatient behavioral health programs and more!



Between our general program support and Care Reimagined needs, we transferred a **total of \$10,394,767** to Valleywise Health in 2022.

# INSPIRING PHILANTHROPY...



Over the last few years, we have come to know the mission of Valleywise Health through attending their signature events. We are blown away by the incredible work Valleywise Health does for our community, especially for the survivors treated at the Arizona Burn Center. Our family is proud to support Valleywise Health and the essential role it plays, offering care to those in need across the Valley."

Julia and Mike Tarver Principal and Founding Member MT Builders Companies



# We believe in the inherent right to quality health

care for all and recognize Valleywise Health's essential role in our community as a safety net system. Our family is proud to support the expansion of their telehealth services, offering access to care for patients all across the Valley, regardless of the patient's ability to pay."

Dionne and F. Francis Najafi **Pivotal Foundation** 







# Here in Arizona, it is crucial to have a healthcare organization that provides exceptional care to every patient, every time – no exceptions.

That is why we support Valleywise Health! Valleywise gives all communities access to extraordinary healthcare regardless of your economic circumstances. We are proud supporters of Valleywise Health Foundation!"

John Brewer and Dane Wood Founders BrewerWood PLLC



I consider nurses the intersection between the patient and the healthcare system. I'm proud to help fund the nursing respite rooms in the new Valleywise Health Medical Center, which will serve as a safe place for hardworking nurses to take a breath on a busy shift or collect themselves after a tough day. If I can wave the flag for nurses at Valleywise Health, and support their needs, it's the least I can do. I am happy to help them any way I can."

Deborah Carstens Principal Carstens Family Funds



Valleywise Health has been training students, residents and fellows for decades. It was a natural fit for us to come together to carry out that mission of educating compassionate healers for the next generation. Our goal is to take care of people in the area by providing these learners with their education. They can hopefully stay in the area, make their homes here and take care of the Phoenix population.

# Giving to Valleywise Health Foundation is a way to support the mission to care for those in need

and to support the educational mission of Valleywise Health and Creighton. I'm just happy to do anything I can to help the Valleywise Health mission and support their talented providers."



Dr. Randy Richardson
Regional Dean
Creighton University School of Medicine



# HEALTHCARE WARRIORS inspiring philanthropy

In July 2021, we launched the **Leave Your Mark challenge**, an opportunity for Valleywise Health, District Medical Group and Compass One Healthcare employees to celebrate the legacy Valleywise Health has created for nearly 150 years, while honoring the future of the health system for years to come.

Valleywise Health employee giving to Valleywise Health Foundation increased by 31% in 2022.

Through employee giving alone, nearly \$300,000 was raised for Valleywise Health in 2022.





I have been fortunate to have experienced the work we do here firsthand on several levels. As a patient, I can honestly say that I have never had better care in a hospital setting. Not just because I was an employee, but because the staff really cared about the work they do here. My 80-year-old mother spent the first summer of COVID as a patient in the burn unit. I was overwhelmed, not just at the expertise of those caring for her, but at the endless hours of work under such difficult circumstances and how it never affected their ability to smile, lend an ear, or raise up those they cared for. It was truly humbling. But as a nurse, I have also been very blessed to have worked alongside such amazing individuals who always go the extra mile to make a difference in people's lives.

It's nothing short of inspiring to be a part of this team."



Traci King
NICU Developmental Educator

My "why" has changed dramatically from when I first started with Valleywise Health 13 years ago.

In 2020, I was asked to lead two major projects at Valleywise Health - one opportunity in our Epic system to bring awareness and education for collecting SOGI (Sexual Orientation and Gender Identity) patient data. Shortly after, I was also asked to join and lead the Human Rights Campaign's Healthcare Equality Index (HEI) Certification project. The projects lit a spark in me to become an advocate for our community and employees, not just the LGBTQ+ community, but everyone in our community who is in need of a safe organization to receive top notch caring and lifesaving health services.

# My "why" is grounded and continues to be led by our mission statement.



Manny Soto-Griego (HE/HIM/EL)
HIM Director

I have the same mission statement for my staff and every member of our organization - to provide exceptional care, without exception, every patient, every time. I joined the Leave your Mark Challenge as an opportunity to continue giving back to our organization and community and encourage others to use the passion of their "why" to do the same."



**Jason Vail Cruz** (HE/THEY)
Senior Practice Manager
Valleywise Community Health Center - McDowell

I specifically came to work at Valleywise Health because it reflects my values. I believe in the mission and I recognize the importance of having a welcoming health system that delivers quality care to all in need without looking at someone's resources or ability to pay

all in need without looking at someone's resources or ability to pay. As a safety net hospital, Valleywise Health demonstrates care for the community and I wanted to be part of that.

I joined Leave Your Mark as I recognize that the work done in Valleywise Health and the Valleywise Health Foundation impacts our community deeply. It is a pledge to continue to support the work our community needs to improve and thrive."



# our proudPARTNERS

In January 2022, Valleywise Health Foundation announced a major grant funding received from the Diane & Bruce Halle Foundation to support naming of the Diane & Bruce Halle Arizona Burn Center, currently under construction as part of the new 10-story Valleywise Health Medical Center, scheduled to open in early 2024.



The Halle Family Foundation Board Members realize the devastation and pain related to burn patients and we are inspired to help," said Diane Halle. "May this grant allow the Arizona Burn Center team to provide a safe and supportive healing environment for burn patients and their families.

We are proud to support the next chapter of burn care excellence at Valleywise Health."





K2 Adventures Foundation and K2 Adventure Travel believe in the mission of Valleywise Health and the individuals they serve. It was an honor and a pleasure to work with this organization to not only guide the team to the summit of Mt. Kilimanjaro but

to see the survivors reach their personal goals.

The team at Valleywise Health became friends, as well as partners in the process of Changing Lives One Adventure at a Time! Thank you to the entire team for your trust in us."

### Kristen Sandquist and Kevin Cherilla

Co-Founders K2 Adventures Foundation and K2 Adventure Travel

Valleywise Health Foundation, the 501(c)(3) nonprofit supporting Valleywise Health, Arizona's public teaching health system, was awarded \$220,000 through the Mercy C.A.R.E.S. Community Reinvestment grant program.

The grant will support Cultural Health Navigators at the Valleywise Center for Refugee and Global Health over a two-year period to help bridge cultural gaps and improve patient outcomes.



PHOTO L-R: Christie Blanda, Director of Ambulatory Operations, Valleywise Health
Trisha Stuart, Director of Community Relations, Mercy Care
Jeanne Nizigiyimana, Manager, Valleywise Center for Refugee and Global Health
Alyssa Crockett, Senior Leadership and Legacy Officer, Valleywise Health Foundation

Along with Valleywise Health Foundation, Blue Cross Blue Shield of Arizona believes in putting people and our community first and we are so proud to partner with an organization doing such great work for Arizonans," said Beth Ginzinger, Chief Transformation Officer. "This partnership aligns with our core values and our mission to inspire health and make it easy, and we hope to continue it for years to come."





Valleywise Health's mission to provide exceptional care for burn survivors aligns perfectly with our values and mission at Changed by Fire. By supporting Valleywise Health, we help fund a small portion of the new burn center, which will provide **crucial resources and support for those who have suffered burn injuries.** We are proud to partner with Valleywise Health Foundation to improve the lives of burn survivors and their families."



The Garcia Family Foundation is honored to support the exceptional care Valleywise Health provides to families across Maricopa County regardless of the neighborhood they call home. Through support provided by the staff at the Family Resource Centers located within the Valleywise Health Federally Qualified Health Centers, families are receiving the additional support and resources needed to address Social Determinants of Health, literacy, parental engagement and education, health literacy, food insecurity, nutrition and much more."

**Jon Ehlinger** Executive Director Garcia Family Foundation



Changing lives, together.



The Arizona Legacy Circle, a group of loyal annual donors supporting Valleywise Health, makes the work we do possible.

Membership in the Legacy Circle is an annual commitment of at least \$1,000, the Angel Level is an annual commitment of at least \$2,500, and the Founder's Level continues at an investment of at least \$5,000.

Join today or learn more at arizonalegacycircle.org.

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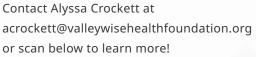
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The 1883 Society recognizes and celebrates friends who create a lasting legacy of giving that advances exceptional care in our community by remembering Valleywise Health in their estate plans.

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